

The Tech Committee uses the following in sequence for computer maintenance.

After opening Glary Utilities, SUPERAntiSpyware and Malwarebytes, be sure to update them to their most recent free versions. Click a link to download and install the **FREE** version.

1. **Disk Cleanup** (search computer for this tool): Free up disk space via options to delete downloaded program files, temporary files, recycle bin, etc. All check boxes should be checked on the “Disk Cleanup for Windows (C)” page before running the app. Avoid clicking on the “Clean up System Files” button on this page unless you have a good reason to do so.
2. [Glary Utilities](#) - Free powerful All-in-one utility for cleaning your PC. **Run Disk Cleanup.**
3. [SUPERAntiSpyware](#) - can detect and remove spyware, adware, trojan horses, rogue security software, computer worms, rootkits, parasites and other potentially harmful software applications. Click “**Scan this Computer**” then “**Quick Scan**”. (Browsers may need to be closed.) If it finds anything other than Adware Tracking Cookies, run it again as a “**Complete Scan**”.
4. [Malwarebytes](#) - install on your computer with the purpose of protecting your system from malware infiltration and infection. (After the free trial, it will revert to the free version, which does not provide real-time protection.) The primary usefulness of the free version is similar to SUPERAntiSpyware, to detect and remove potentially harmful software applications once an infection is known or suspected. After opening, check under Scan Status. If Updates is not Current, click Update Now. Then **Scan Now**. If threats are found, you will have the option of removing, repairing or quarantining them. When complete, Finish and Close.
6. If either SUPERAntiSpyware or Malwarebytes find any abnormal files (other than adware tracking cookies found by SUPERAntiSpyware), both apps should be run again until both come back having found no abnormal files.

NOTE: Skip Step 7 if you have a SSD (Solid State Hard Drive)

7. [Glary Utilities](#) – use to reduce fragmented sections on the disk to improve computer performance. Select Optimize & Improve, and then run **Disk Defrag**.